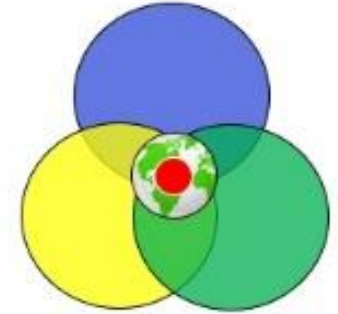


3-venn – the definitive health ledger



Obesity Rates in U.S. States and European Countries

1 West Virginia	37.70%	25 Delaware	30.70%	49 Nevada	25.80%	73 Colorado	22.30%
2 Mississippi	37.30%	26 Pennsylvania	30.30%	50 Andorra	25.60%	74 Germany	22.30%
3 Alabama	35.70%	27 Maine	29.90%	51 New York	25.50%	75 Finland	22.20%
4 Arkansas	35.70%	28 Maryland	29.90%	52 Montana	25.50%	76 Belgium	22.10%
5 Louisiana	35.50%	29 South Dakota	29.60%	53 Utah	25.40%	77 Iceland	21.90%
6 Tennessee	34.80%	30 Arizona	29.00%	54 Ireland	25.30%	78 Cyprus	21.80%
7 Kentucky	34.20%	31 Virginia	29.00%	55 California	25.00%	79 Georgia	21.70%
8 Texas	33.70%	32 Malta	28.90%	56 Bulgaria	25.00%	80 Albania	21.70%
9 Oklahoma	32.80%	33 Oregon	28.70%	57 Greece	24.90%	81 France	21.60%
10 Michigan	32.50%	34 Washington	28.60%	58 Belarus	24.50%	82 Serbia	21.50%
11 Indiana	32.50%	35 New Mexico	28.30%	59 Croatia	24.40%	83 Estonia	21.20%
12 South Carolina	32.30%	36 Minnesota	27.80%	60 Ukraine	24.10%	84 Portugal	20.80%
13 Turkey	32.10%	37 UK	27.80%	61 Hawaii	23.80%	85 Sweden	20.60%
14 Nebraska	32.00%	38 Wyoming	27.70%	62 Spain	23.80%	86 Slovakia	20.50%
15 Iowa	32.00%	39 Florida	27.40%	63 Massachusetts	23.60%	87 Netherlands	20.40%
16 North Dakota	31.90%	40 New Jersey	27.40%	64 Latvia	23.60%	88 Armenia	20.20%
17 North Carolina	31.80%	41 Idaho	27.40%	65 Montenegro	23.30%	89 Slovenia	20.20%
18 Missouri	31.70%	42 Vermont	27.10%	66 Russia	23.10%	90 Austria	20.10%
19 Illinois	31.60%	43 New Hampshire	26.60%	67 Norway	23.10%	91 Azerbaijan	19.90%
20 Ohio	31.50%	44 Rhode Island	26.60%	68 Poland	23.10%	92 Italy	19.90%
21 Georgia	31.40%	45 Hungary	26.40%	69 DC	22.60%	93 Denmark	19.70%
22 Alaska	31.40%	46 Lithuania	26.30%	70 Luxembourg	22.60%	94 Switzerland	19.50%
23 Kansas	31.20%	47 Connecticut	26.00%	71 Romania	22.50%	95 Moldova	18.90%
24 Wisconsin	30.70%	48 Czech Rep.	26.00%	72 Macedonia	22.40%	96 Bosnia & H.	17.90%

How it's going

- The 2018 stats recording BMI >30
- Recent USA stats show a drop in life expectancy – lowest levels since 1996
- In the UK, top 7 causes of death are lifestyle-related – NHS digital stats
- **3-venn** seeks to reverse this trajectory – a 'bottom-up' approach

*Contact email info@3-venn.health

*See www.invictus.africa

for some background and links to partners